



LCSC Team Information

Coaches, Assistants, and Team Managers



Age Group	Team Number	Role	Last Name	First Name	Home Phone	Email	Team Name	Team Manager Name	Team Manager Email	Team Manager Home Phone	Team Manager Cell Phone
U06B	LC0601	Coach	GOMEZ	JIMMY	(916) 428-1779	jim.gomez@sbcglobal.net	Lil Bombers	Melissa Salas	tresmommy@gmail.com		(530) 613-5831
U06B	LC0602	Coach	EDWARDS	PAUL	(209) 744-2021	pre5574@hotmail.com	Lightning				
U06B	LC0602	Asst Coach	MCMULLEN	STEVE	(916) 214-4949	s.mcmullen@comcast.net	Lightning				
U06B	LC0603	Coach	TREADWELL	BRANDON	(916) 405-9403	brandon.treadwell@gmail.com	Tigers	Ana M. Treadwell	amtreadwell@gmail.com	(916) 753-4745	
U06G	LC0651	Coach	WARE	KATHERINE	(916) 897-2179	ware.kathy.r@gmail.com	Lil Lady Cats	Sean Ware	ware.sean.w@gmail.com		
U06G	LC0651	Asst Coach	WARE	Lisa	(916) 812-2965	lisamware@gmail.com	Lil Lady Cats	Sean Ware	ware.sean.w@gmail.com		
U06G	LC0652	Coach	EPSTEIN	JEREMY	(916) 684-3047	info@petstogo.net	LadyBugs	Mary Campbell	mldc1981@yahoo.com		
U06G	LC0652	Asst Coach	EPSTEIN	ANGEL	(916) 684-3047	info@petstogo.net	LadyBugs	Mary Campbell	mldc1981@yahoo.com		
U07B	LC0701	Coach	WELSH	LINDA	(916) 400-4923	lindamwelsh@yahoo.com	Transformers	Mark Welsh	markmwelsh@yahoo.com	(916) 717-6208	
U07B	LC0702	Asst Coach	Clemens	Adrienne	(916) 718-4747	abclemens@frontiernet.net	Transformers	Mark Welsh	markmwelsh@yahoo.com	(916) 717-6209	
U07B	LC0702	Coach	SIMBOL	ANTHONY	(916) 670-7369	asimbol@msn.com	Pumas	Beth Schoenthal	bbschoenthal@yahoo.com	(916) 714-6963	(916) 397-8582
U07B	LC0702	Asst Coach	MOORE	ANDREW	(916) 691-4663	andrewtmoore@gmail.com	Pumas	Beth Schoenthal	bbschoenthal@yahoo.com	(916) 714-6963	(916) 397-8582
U07B	LC0702	Asst Coach	OCHOA	JOHN	(916) 366-1915	ochoa57@sbcglobal.net	Pumas	Beth Schoenthal	bbschoenthal@yahoo.com	(916) 714-6963	(916) 397-8582
U07B	LC0703	Coach	MCHALE	KIMBERLY	(916) 684-3350	McHaleKM@aol.com	Golden Dragons				
U07B	LC0703	Asst Coach	EMPERADOR	MICHAEL	(916) 684-3044	mike@globalrap.net	Golden Dragons				
U07G	LC0751	Coach	CASILLAS	ERICK	(916) 691-1543	casillas@frontiernet.net	Fireballs				
U07G	LC0752	Coach	REYES	JAIME	(916) 683-2218	jandromia@frontiernet.net	Tigers				
U07G	LC0752	Asst Coach	KOENIG	BRYAN	(916) 525-1638	bryankoenig@comcast.net	Tigers				
U07G	LC0752	Asst Coach	MORENO	STEVE	(916) 683-2121	smoreno10@comcast.net	Tigers				
U07G	LC0753	Coach	PHILLIPS	AL	(916) 849-1182	ap4125@att.com	Cardinals	Seneca Hill	senecahill@hotmail.com	(916) 716-9578	
U07G	LC0753	Asst Coach	ORTON	CURTIS	(916) 684-9540	curtis@sunburstnocal.com	Cardinals	Seneca Hill	senecahill@hotmail.com	(916) 716-9579	
U08B	LC0801	Coach	AGRELLA	JULIE	(916) 691-9225	julie.agrella@am.fostersgroup.com	The Lightning	Kara Seeman	kkseeman@surewest.net		
U08B	LC0801	Asst Coach	SEEMAN	KEVIN	(916) 684-5330	kkseeman@surewest.net	The Lightning	Kara Seeman	kkseeman@surewest.net		
U08B	LC0802	Coach	PERRY	ANTHONY	(916) 681-6294	president@lagunacreeksoccerclub.com	The Flash	Jennifer Perry	webmaster@lagunacreeksoccerclub.com	(916) 681-6294	(916) 230-3401
U08B	LC0802	Asst Coach	ROSS	JANE	(916) 691-9680	jane.ross@siatech.org	The Flash	Jennifer Perry	webmaster@lagunacreeksoccerclub.com	(916) 681-6294	(916) 230-3401
U08B	LC0803	Coach	VLCEK	JAMES	(916) 691-0501	jvlcek@surewest.net	Rattlers	Yvonne Allphin	pigletty@hotmail.com	(916) 730-0841	
U08B	LC0804	Coach	CEDILLO	GEORGE	(916) 335-9826	gcedillo@geocedi.com	Tigers	Nicole Bustamante	tropical106@surewest.net	(916) 541-1280	
U08B	LC0804	Asst Coach	GALLAGHER	PATRICK	(916) 684-9339	pkgallagher61@hotmail.com	Tigers	Nicole Bustamante	tropical106@surewest.net	(916) 541-1280	
U08B	LC0804	Asst Coach	Dariano	Matt	(916) 835-6366	mattd@citilink.net	Tigers	Nicole Bustamante	tropical106@surewest.net	(916) 541-1280	
U08G	LC0851	Coach	MONTOYA	DANIELLE	(916) 684-6968	d_montoya@frontiernet.net	Pink Dynamite	Kelly Corliss	kellycorliss@frontiernet.net	(916) 690-6323	
U08G	LC0851	Asst Coach	CORLISS	KELLY	(916) 685-7977	kellycorliss@frontiernet.net	Pink Dynamite	Kelly Corliss	kellycorliss@frontiernet.net	(916) 690-6323	
U08G	LC0851	Asst Coach	GULBE	CHARLES	(916) 691-2549	gulbes@yahoo.com	Pink Dynamite	Kelly Corliss	kellycorliss@frontiernet.net	(916) 690-6323	
U08G	LC0852	Coach	CEDILLO	GEORGE	(916) 684-7542	gcedillo@geocedi.com	Tigers	Sandy Jenkins	smj95831@yahoo.com	(916) 599-2125	
U08G	LC0852	Asst Coach	MAESTAS	KATHERINE	(916) 684-7632	katherine.maestas@gmail.com	Tigers	Sandy Jenkins	smj95831@yahoo.com	(916) 599-2125	
U08G	LC0852	Asst Coach	ZOLLER	CASEY	(916) 683-7553	c.zoller@comcast.net	Tigers	Sandy Jenkins	smj95831@yahoo.com	(916) 599-2125	
U08G	LC0853	Coach	YEAGER	WAYNE	(916) 429-2889	tliftv@sbcglobal.net	Wildcats	Kristin Yeager	tliftv@sbcglobal.net	(916) 429-2889	(916) 205-3570
U08G	LC0853	Asst Coach	Petty	Steve	(916) 691-3993	lca16@yahoo.com	Wildcats	Kristin Yeager	tliftv@sbcglobal.net	(916) 429-2889	(916) 205-3570
U09B	LC0901	Coach	BROOKS	JEFFERY	(916) 691-0270	jeffrey_d_brooks@yahoo.com	Chaos	Jeffery Brooks	jeffrey_d_brooks@yahoo.com	(916) 691-0270	



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U09B	LC0901	Asst Coach	TSUMURA	DARREN	(916) 479-5819	dtsumura@frontiernet.net	Chaos	Jeffery Brooks	jeffrey_d_brooks@yahoo.com	(916) 691-0270	
U09B	LC0902	Coach	PYLES	JASON	(916) 685-9370	jasonpyles@frontiernet.net	Terminators	Sherilyn Hickenbottom	shickbot@yahoo.com	(916) 684-6177	
U09B	LC0902	Asst Coach	VENTURA	JOSE	(916) 686-9004	ventura714@frontiernet.net	Terminators	Sherilyn Hickenbottom	shickbot@yahoo.com	(916) 684-6177	
U09B	LC0903	Coach	BRANDEBERRY	JAMES	(916) 683-6041	rjwieb@comcast.net	Storm Troopers				
U09B	LC0903	Asst Coach	WELSH	MARK	(916) 400-4923	markmwelsh@yahoo.com	Storm Troopers				
U09G	LC0951	Coach	WARE	SEAN	(916) 897-2179	ware.sean.w@gmail.com	Lady Cats	Kathy Ware	ware.kathy.r@gmail.com	(916) 502-3762	
U09G	LC0951	Asst Coach	WARE	TODD	(916) 897-2180	lisamware@gmail.com	Lady Cats	Kathy Ware	ware.kathy.r@gmail.com	(916) 502-3762	
U09G	LC0951	Asst Coach	Bibb	Blain	(916) 683-8239	lisamware@gmail.com	Lady Cats	Kathy Ware	ware.kathy.r@gmail.com	(916) 502-3762	
U09G	LC0952	Coach	SCARDINA	SCOTT	(916) 691-9057	scott.scardina@adc.com	Dynamite	Christine Scardina	cmo326@hotmail.com	(916) 691-9057	
U09G	LC0952	Asst Coach	Melin	Mark	(916) 683-6365	themlins@surewest.net	Dynamite	Christine Scardina	cmo326@hotmail.com	(916) 691-9058	
U09G	LC0953	Coach	CASSENS	RANDY	(916) 684-6985	randycassens@hotmail.com	Bulldogs	Kristin Charles	kristincharles@ymail.com	(916) 479-3903	
U09G	LC0953	Asst Coach	KEIFER	REBECCA	(916) 684-0547	keifer5@surewest.net	Bulldogs	Kristin Charles	kristincharles@ymail.com	(916) 479-3903	
U10B	LC1001	Coach	BRIGGS	BILL	(916) 684-0602	william.briggs@frontiernet.net	Laguna Lightning	Sabrina Risner	jsrisner@msn.com	(916) 949-0319	
U10B	LC1001	Asst Coach	SINGH	SUKHDEEP	(916) 686-4010	sukh.1@hotmail.com	Laguna Lightning	Sabrina Risner	jsrisner@msn.com	(916) 949-0319	
U10B	LC1001	Asst Coach	YALAN	ISAIAS	(916) 691-4032	ayalan88@hotmail.com	Laguna Lightning	Lisa Gunnufsen	gunnx3@frontiernet.net	(916) 760-8165	
U10B	LC1002	Coach	EPSTEIN	JEREMY	(916) 684-3047	info@petstogo.net	Ninjas	Jen Miller	jenmiller@golyon.com		
U10B	LC1002	Asst Coach	HAVA	MICHAEL	(916) 683-0801	mike@havafamily.com	Ninjas	Jen Miller	jenmiller@golyon.com		
U10B	LC1003	Coach	REYES	JAIME	(916) 683-2218	jandromia@frontiernet.net	Dragons				
U10B	LC1003	Asst Coach	ROONEY	JOHN	(916) 684-9639	jrooney@citlink.com	Dragons				
U10B	LC1003	Asst Coach	TSUMURA	DARREN	(916) 714-3084	darren.tsumura@oracle.com	Dragons				
U10G	LC1051	Coach	HART	ROD	(916) 691-1014	ralshart@frontiernet.net	Fire Stars				
U10G	LC1051	Asst Coach	LUI	HEATHER	(916) 683-4374	luih@frontiernet.net	Fire Stars				
U10G	LC1052	Coach	PERRY	ANTHONY	(916) 681-6294	president@lagunacreeksoccerclub.com	Super Girls	Jennifer Perry	webmaster@lagunacreeksoccerclub.com	(916) 681-6294	(916) 230-3401
U10G	LC1052	Asst Coach	ROSS	JANE	(916) 691-9680	jane.ross@siatech.org	Super Girls	Jennifer Perry	webmaster@lagunacreeksoccerclub.com	(916) 681-6294	(916) 230-3401
U10G	LC1053	Coach	GOOD	JESSE	(916) 647-3154	jesse24g@yahoo.com	Lady Panthers				
U10G	LC1053	Asst Coach	GARCIA	NELSON	(916) 683-0494	evgarcia07@hotmail.com	Lady Panthers				
U10G	LC1054	Coach	BENVENTANO	BRUCE	(916) 683-1445	dudeclan@yahoo.com	Pink Panthers	Rhonda Benventno	dudeclan@yahoo.com		
U10G	LC1054	Asst Coach	BENVENTANO	RHONDA	(916) 683-1445	dudeclan@yahoo.com	Pink Panthers	Rhonda Benventno	dudeclan@yahoo.com		
U10G	LC1054	Asst Coach	Heidemann	Amy	(916) 684-2241	aeheidemann@yahoo.com	Pink Panthers	Rhonda Benventno	dudeclan@yahoo.com		
U11B	LC1101	Coach	YEAGER	WAYNE	(916) 429-2889	tliftfy@sbcglobal.net	Mustangs	Kristin Yeager	tliftfy@sbcglobal.net	(916) 429-2889	(916) 205-3570
U11B	LC1101	Asst Coach	Le-Hinds	Roger	(916) 201-1943	nho_roger@yahoo.com	Mustangs	Kristin Yeager	tliftfy@sbcglobal.net	(916) 429-2889	(916) 205-3570
U11B	LC1102	Coach	REAGER	KEVIN	(916) 684-1549	kireager@surewest.net	Guardians	Tricia Kihara	triciakihara@yahoo.com	(916) 254-0266	
U11B	LC1102	Asst Coach	BROOKS	JEFFERY	(916) 691-0270	jeffrey_d_brooks@yahoo.com	Guardians	Julie Reager	kireager@surewest.net	(916) 684-1540	
U11G	LC1151	Coach	HANSON	JASON	(916) 683-4589	jhanson@sierrapacifichome.com	Trouble				
U11G	LC1151	Asst Coach	BROOKS	MATT	(916) 684-5821	mbrooks44@yahoo.com	Trouble				
U11G	LC1152	Coach	ARELLANO	DENNIS	(916) 688-7933	arellano96@gmail.com	Jaguars	Tammy Carlile	tcarlile28@frontiernet.net	(91) 668-6866	(91) 653-9061
U11G	LC1152	Asst Coach	SPRINGER	MICHAEL	(916) 688-9239	mike.springer88@yahoo.com	Jaguars	Tammy Carlile	tcarlile28@frontiernet.net	(91) 668-6866	(91) 653-9061
U11G	LC1153	Coach	WARE	TODD	(916) 683-8239	lisamware@gmail.com	Tornados	Sherri Gastinell	sherri@gastinell.com	(916) 686-2948	(916) 838-1848



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U11G	LC1153	Asst Coach	WARE	Sean	(916) 897-2179	ware.sean.w@gmail.com	Tornados	Sherri Gastinell	sherri@gastinell.com	(916) 686-2948	(916) 838-1848
U11G	LC1153	Asst Coach	ZAFARANA	ANTHONY	(916) 683-6075	zafarana@frontiernet.net	Tornados	Sherri Gastinell	sherri@gastinell.com	(916) 686-2948	(916) 838-1848
U12B	LC1201	Coach	HOPPIS	APRIL	(916) 683-3177	ahoppis@gmail.com	Red Bulls				
U12B	LC1202	Coach	MUNCH	KURT	(916) 684-5043	kurtmunch@yahoo.com	Shockwave				
U12G	LC1251	Coach	LATIMER	JOHN	(916) 684-0811	jlatimer@capitoladvocacy.com	Fireballs	Kelly Latimer	kelly13680@surewest.net	(916) 684-0811	
U12G	LC1252	Coach	HART	ROD	(916) 691-1014	ralshart@frontiernet.net	Lightning Strikers				
U12G	LC1252	Asst Coach	PASCOE	JERRY	(916) 691-2618	jpascoe@kcengr.com	Lightning Strikers				
U12G	LC1253	Coach	MUNOZ	RUBEN	(916) 684-7828	ruben.munoz@comcast.net	Jayhawks	Paula Villanueva	jayhawkssoccer@hotmail.com	(916) 764-9448	
U12G	LC1253	Asst Coach	VILLANUEVA	ALVIO	(916) 670-6291	apacowboys@surewest.net	Jayhawks	Paula Villanueva	jayhawkssoccer@hotmail.com	(916) 764-9449	
U14B	LC1401	Coach	MAW	GREG	(916) 230-2283	gregorymaw@yahoo.com	Outlaws				
U14B	LC1401	Asst Coach	MAW	MELISSA	(916) 230-2283	missyloumaw@yahoo.com	Outlaws				
U14B	LC1401	Asst Coach	VILLALOBOS	PEDRO	(916) 684-3128	qtrolobos@frontiernet.net	Outlaws				
U14B	LC1402	Coach	DEUS	JOSEPH	(916) 392-9263	josoccer11@sbcglobal.net	Strikers	Kelean Barragan	abarragan@yahoo.com	(916) 769-0827	
U14B	LC1402	Asst Coach	HALLQUIST	ROBERT	(916) 683-5007	romehall@frontiernet.net	Strikers	Kelean Barragan	abarragan@yahoo.com	(916) 769-0827	
U14B	LC1403	Coach	MAIDRAND	MITCHELL	(916) 684-7665	mmaidrand@frontiernet.net	Lightning Bolts				
U14G	LC1451	Coach	ANGUIANO	JOSE	(916) 691-6792	janguiano@surewest.net	Hot Shots	Keary Briggs	keary_briggs@yahoo.com	(916) 684-8591	(916) 606-0356
U14G	LC1451	Asst Coach	SHARMA	DEO	(916) 691-2374	ddsharma@frontiernet.net	Hot Shots	Keary Briggs	keary_briggs@yahoo.com	(916) 684-8591	(916) 606-0356
U14G	LC1452	Coach	SANTIN	JOHN	(916) 690-8159	EGLUVDUX@YAHOO.COM	Impact	John Santin	EGLUVDUX@YAHOO.COM	(916) 690-8159	
U14G	LC1452	Asst Coach	HANSON	JASON	(916) 683-4589	jhanson@sierrapacifichome.com	Impact	John Santin	EGLUVDUX@YAHOO.COM	(916) 690-8159	
U14G	LC1453	Coach	ALBELO	JUAN	(916) 683-2150	boricua1@surewest.net	Flower Power	Kelly Albelo	boricua1@surewest.net	(916) 690-3220	
U14G	LC1453	Asst Coach	MARTINEZ	ADRIANA	(916) 647-3993	lalo.chquis@comcast.net	Flower Power	Kelly Albelo	boricua1@surewest.net	(916) 690-3220	
U14G	LC1454	Coach	HOMEN	JOHN	(916) 683-4145	JDHOMEN@AOL.COM	Fuego				
U14G	LC1454	Asst Coach	ATTEBERRY	DONALD	(916) 647-4160	datteberryjr@yahoo.com	Fuego				
U14G	LC1454	Asst Coach	CERVANTES	ROBERT	(916) 684-9605	RCROBDOG@YAHOO.COM	Fuego				
U14G	LC1455	Coach	PATTEN	KEN	(916) 684-4958	kpat5@aol.com	Crushers	Lori Fitzgerald	JandL97@aol.com	(916) 682-7202	(916) 718-4482
U14G	LC1455	Asst Coach	FITZGERALD	JOHN	(916) 682-7202	jandl97@aol.com	Crushers	Lori Fitzgerald	JandL97@aol.com	(916) 682-7202	(916) 718-4482
U14G	LC1455	Asst Coach	KENNEDY	DAVID	(916) 712-3933	drkennedy@wlgore.com	Crushers	Lori Fitzgerald	JandL97@aol.com	(916) 682-7202	(916) 718-4482
U14G	LC1455	Asst Coach	LOPEZ	GERARDO	(916) 261-3345	martyal@frontiernet.net	Crushers	Lori Fitzgerald	JandL97@aol.com	(916) 682-7202	(916) 718-4482
U14G	LC1455	Asst Coach	ZAFARANA	ANTHONY	(916) 683-6075	zafarana@frontiernet.net	Crushers	Lori Fitzgerald	JandL97@aol.com	(916) 682-7202	(916) 718-4482